

**CENTRAL PA REHAB SERVICES, INC**  
**IS HONORED TO PRESENT HOME STUDY COURSES ON:**

## **The Swimmer's Shoulder: Epidemiology, Biomechanics, Treatment and Prevention**

**Andrew Strittmatter, DPT, OCS**

(exp 12/31/2017)

At the conclusion of the course the participant will be able.....

- To evaluate research associated with epidemiology and treatment of swimming shoulder injuries
- To recognize risk factors for competitive swimming shoulder injuries
- To recognize potential causes for shoulder injuries in competitive swimmers
- To develop and utilize an injury prevention program for shoulder injuries in competitive swimmers

## **Femoroacetabular Impingement in the Adolescent Athlete**

**Mark Brown, MSPT, OCS, Cert. MDT, CAES**

(exp 12/31/2018)

At the conclusion of the course the participant will be able.....

- To define what femoroacetabular impingement is and it's three types.
- To explain how to perform a clinical exam to detect femoroacetabular impingement.
- To identify key components in a clinical exam that distinguish femoroacetabular impingement from other hip pathologies.
- To summarize why early detection and diagnosis of femoroacetabular impingement can lead to better long term outcomes by preventing the progression to early joint degeneration and minimize its harmful effects.

**VISIT: [cprspt.digitalchalk.com](http://cprspt.digitalchalk.com)**

**COST: \$55.00**

CPRS Physical Therapy is recognized by the Board of Certification, Inc. to provide continuing education for Certified Athletic Trainers.

Programs have been approved for 2 EBP Category CEUs for attendance  
Level of Difficulty: Essential Level  
Target Audience: ATs



CPRS Physical Therapy reserves the right to cancel or postpone any course or activity because of insufficient enrollment or other unforeseen circumstances. Please provide a cell phone number so we can reach you in the event of last-minute changes or cancellation. If a program is canceled or postponed, CPRS Physical Therapy will refund registration fees but cannot be held responsible for any related costs, charges, or expenses, including cancellation/change charges assessed by airlines or travel agencies. Preregistered participants will be notified if a program is filled or canceled

CPRS, Physical Therapy does not discriminate on the basis of race, color, national origin, religion, sex, disability, military status, sexual orientation, or age. CPRS, Physical Therapy is committed to the accessibility and non-discrimination in all aspects of its continuing education activities. Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.